

Mt. View News

M T . V I E W C O O P E R A T I V E P R E S C H O O L
2 0 0 3 T A Y L O R S T . M I L T O N , W A 9 8 3 5 4

WHAT'S HAPPENING IN YOUR CLASS THIS MONTH:

- 2s Class
Friday, January 15-
Parent Share with Sandy from Bates during class time
- 3s Class
Wednesday, January 27
Dr. Urbach
- 4s class
Thursday, January 7
Karshner Museum
- 5s Class
Wednesday, January 20
Ted Brown Music Center

INSIDE THIS ISSUE:

Mrs. Eakin	2
Mrs. Howard	3
Class Reps.	4
Class Reps./ Health & Safety	5
Bates Coordinator	6
Calendar	7

Presidents message

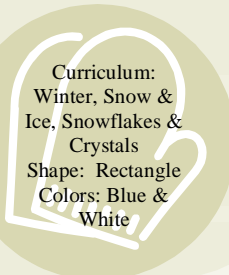
I hope everyone had a restful, safe and fun holiday season. Did you enjoy opening your gifts your child picked for you at the Christmas store? I know my husband and I did. Thanks Cindy and Linda for organizing such a fun activity for the kids and parents! I would like to thank Carly for doing an amazing job gathering and organizing items for our "adopted" family for both Thanksgiving and Christmas. It was great to see

such a wonderful outpouring of generosity from our membership. I know that the family was extremely grateful for all we provided.

On another note, I would like to thank all of the families who responded to the Fundraising survey that was in your folders last month. We had some good responses and will be finalizing our fundraising plan for the remainder of the year at our January Board Meeting. Feel

free to come and give input!

Finally, I want to wish everyone a Happy 2010! I'm sure that the new year will bring many surprises, good times and laughter.



Valentines Day See's Candy fundraiser



Hello Parents!
I am excited to announce that Mountain View Coop is sponsoring a See's Candy Fundraiser for Valentines Day! I will be placing fundraising packets in each parent file on Monday. All proceeds benefit Mountain View Coop. Here's a couple things to remember:

1. Please make checks payable to Mountain View Coop. Last year I asked my friends and family to write checks out to the school if they could. I wrote a personal check for all the cash I received from the rest of the orders.
2. The packets should be placed in the Scholastic Book Order box located in the circle room by 11:15 am on Friday, Jan 29th. We should be able to get the orders back by Monday the 8th for distribution.

3. You will have a price breakdown in your packet, but I thought that people might like to know what kind of profit we get off of each item:

Item	Profit (\$)
Nuts & Chews	3.80
Assorted Heart 8 oz	1.70
Assorted Heart 1 lb	3.30
Milk Choc	3.80
Dark Choc	3.80
Toffee-ettes	3.80
Peanut Brittle	2.00
Awesome Brittle Bar	2.30
Nut & Chew Bar	2.30
Walnut Square Bar	2.30
Mini Fancy Box	3.10
Dalmatian Puppy Box	3.10

4. As you can see, it isn't about selling the most expensive item; for in-

stance we will profit more by selling 2 smaller items than one big item. We can sell 1 Nuts & Chew @ \$16.10 for a \$3.80 profit or sell 2 Mini Fancy Boxes totaling \$12.40 to profit \$6.20.

5. Most of all, have fun. I always tell my husband "See's Candy Sells Itself!" I leave my order form out on my desk at work and have people come to me. I also send out a nice little email to all my friends and family for sales. I may even try Facebooking this year! Ha Ha!

If you have any questions, please email me or call me at 253-226-1173. Thanks for your help to raise money for our school!
Sincerely,
Tamara Lewis (Eli 5's & Leah 3's mom)

Mrs. Eakin

Welcome back after a long Christmas break.

I want to thank the Mt. View board members and families for all their kind words and hugs due to the passing of my Dad. I so appreciate you all. The very best healing for me is working with all your wonderful children.

The New Year brings with it lots of growth in the children. You will notice they have grown physically, but also


emotionally. Please remember that on the days you are a working parent it's very helpful for you to move around the circle helping children with listening ears and hands to themselves.

I will begin screening the 4's & 5's classes this month. This is a wonderful tool for me to have a one on one time with each child. I then will conference with parents on the results.

I will also conference with the 3's class parents. I will be putting a sign up on the double doors the first of February. Be looking for it.

Just a quick reminder... If you are putting birthday invitations in the cubbies at school or handing them out that you invite everyone in the class. We want to be mindful of our children's feelings.


Mrs. Eakin




Pajama Day !!!!!

January 21st
5's class

January 25th
3's & 4's class



**Mt. View
Co-op
Families love
their teachers!
Thank you
Mrs. Eakin &
Mrs. Howard
for all that you
do!**



Mrs. Eakin's thank You's

Mt. View Co-op for the great Starbucks coffee basket. MY FAVORITE

All the parents, grandparents, aunts, uncles, brothers, sisters that attended our very first Christmas program. What a fun night! The children were just precious!

Ann Palizzi for working with the children during class and the Christmas decorations.

Rebecca Norman for putting the music together, programs, soldier hats and the tutu's.

Singing the peppermint candy song. We will sing this song every year!

Lisa Robert's for working with the 4's class during school to learn Rudolf and motions.

Heather Tague for being our master of ceremony even without a mike!

Amy Orm for printing the Christmas programs, running the music and just being there for support. You are terrific!

Teresa Frandsen and Tamara Lewis for helping with costume

changes and a watchful eye on all our children sitting up front.

WOW could you believe the turnout?

Carly Thompson for organizing and delivering the gifts, tree and food to our Christmas family. Thank you also to her husband Erick for helping haul everything.

Kovey Lewis for hauling our Christmas tree from the tree farm.

Stephen Norman and Kovey Lewis for setting up the tree in classroom.

Carianne Kehm-Goins and Shawna Shula for the yummy cookies at the tree farm.


Kelly Safely and Julie Wahlgren for the delicious hot cocoa.

Kelly Safely for putting together the 5's class December and January calendars for me.

You are all terrific!!!!!!

**Mini Olympics 5's class
January 28th
10:00 - 1:00**

No 4's class today! friendship salad for snack. long day!
The children will be participating in lots of fun activities. Children and working parents also need to bring a sack lunch and a drink.
Everyone receives a gold medal. We are all winners! We will be eating lunch at school.
Children need to bring one piece of fruit to make a Note the time change. A





Happy New Year!

I hope that everyone had a relaxing Christmas and New Year.

It is hard for me to believe it is 2010, but also that we are halfway through the school year. Time sure flies when you are having fun! Starting back to school after three weeks off can sometimes be just like starting at the beginning of the year. Do not be surprised if your child or other children have a hard time when parents drop off and leave. The beginning of potty training seems to be a big step for a lot of the children in the two's class after the new year too.

In January I like to begin the "In Class" field trips. If you have a special talent, like baking, playing an instrument I would love for you to come and share that with the class. In the past we have had mom's that were dental assistants' share how to brush teeth, we have a had a family bring

Mrs. Howard

their "ice cream" truck, dump trucks, and even a Grandpa that was a police officer come visit our school. February will be set for the Edgewood Fire Dept. to come visit our class.

I am hoping that now after a few months of working in the classroom you are getting uses to each of the jobs. It is really important to be done with your morning job by 9:30 so we can have both rooms open for the children, this is for the safety of the children. If you find that you run out of time, art can be put away at the end of the day, and snacks can be finished up while we are in Circle Time. I stress this because when your child is in the 3's class there will be more children in the class, plus only three working parents. During circle time, it is ok to bring a child back to the circle that is not sitting down. This helps me to continue telling a story or singing with the children.

After talking with Sandy Manthou our Bates coordinator, I have been told, because of Risk Management guide lines, it is not ok for any sibling to stay while you are a working parent. Even if they are registered in an other class at our school, they are not covered under our insurance. I also have to remind you that when picking up your

child and if you have siblings with you it is your responsibility to supervise your child out on the playground or in the classrooms.

Our theme for January will be winter, snow, mittens and snowman. Blue & White will be the colors for the month. Shape: Rectangle I always wish for it to snow while we are in class. If by chance we have bad weather prior to school, our school follows the Fife School District weather delays. So if Fife is two hours late or closed our school is closed. If you are ever in question if we have school please feel free to call me at home in the morning. I am up by 6:30 am.

See you on January 8th, 2010!

Mrs. Howard

Martin Luther King Jr.
Monday, January 18, 2010 is Martin Luther King Jr. Day.



Here are a few facts about him to share with your children.

1. He was born on January 15, 1929 in Atlanta, Georgia
2. King's efforts in civil rights led to the famous 1963 "March on Washington" where he delivered his "I Have a Dream" speech.
3. In 1964, he was the youngest person to receive the Nobel Peace Prize.

Mrs. Howard's Thank You's

To The Board and Co-op families for the wonderful gift basket of Starbuck goodies.

Thank you to all the families that brought cookies and milk for our Christmas program.

Thank you to our awesome cleaning team, Nicole and Gavidencia!

Thank you Amy Orm for all the extra things you do for our school.

Thank you to Carly for working so hard on organizing and getting all the gifts to our Christmas family.

2 s c l a s s

In January I like to begin the "In Class" field trips. If you have a special talent, like baking or playing an instrument I would love for you to come and share that with the class. In the past we have had mom's that were dental assistant's share how to brush teeth, we have had a family bring their "ice cream" truck, dump trucks, and even a Grandpa that was a police officer come visit our

school. February will be set for the Edgewood Fire Dept. to come visit our class.

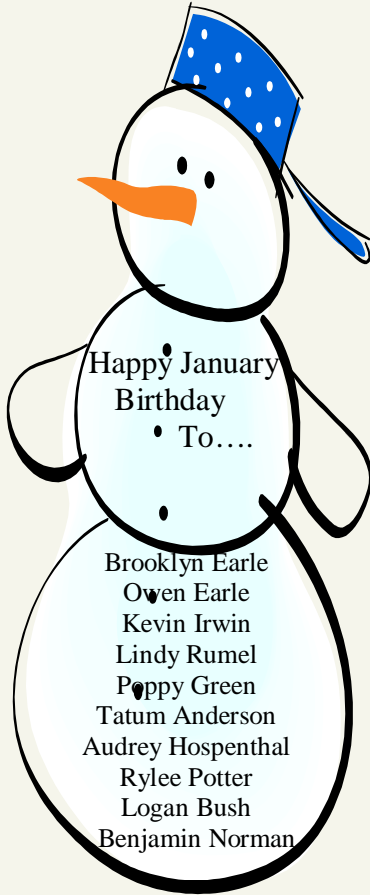


"November Birthday's"

Luke Saathoff
Jillian Tague
Spencer Frandsen
Helaina Safley

"December Birthday's"

Kody Fuchs
Sawyer Williams
Hannah Steenrod



Happy January
Birthday
• To....

- Brooklyn Earle
- Owen Earle
- Kevin Irwin
- Lindy Rumel
- Poppy Green
- Tatum Anderson
- Audrey Hospenthal
- Rylee Potter
- Logan Bush
- Benjamin Norman

December was such a wonderful month in the 3's class. The children enjoyed share time with the green and red theme, it is always so fun to see what they come up with to bring. The highlight of the month would definitely be the Christmas Store, the kids were so cute

3 s c l a s s

picking out a present for mom and one for dad. I don't know about you but I was forced to open mine in the parking lot. It really was a big deal for them to pick it out and wrap it all on there own. We also enjoyed some special person days. Lot of holiday crafts and projects.

Jan 4th, Leah's special day on Jan 6th, Gabby's special day on the 11th, no school on Martin Luther King day (18th), Jillian's special day on the 20th, Pajama day on the 25th and a field trip to Dr. Urback's office on the 27th. Wow, that is a busy month coming up. Hope you all had a wonderful Christmas and a Happy New Year.

Things to look forward to in January are Parent Share on

P a r e n t e d u c a t i o n

Parent Education Credits

Parent Education Credits are required as part of the Co-op Preschool affiliation with Bates Technical College. Each school year parents must earn eight (8) Parent Education credits (equivalent to one credit per month the family is enrolled), four (4) of which should be obtained before January 31. Parent

Education credits may be earned beginning the night of Parent Orientation until the last day of school. Your credits will be tracked and posted periodically so you know how many you have earned.

Additionally, each family must earn one "work" credit. This credit can be earned at the "mid-year clean-up" work party on

February 5th, the "pack-up-the-school" work party on May 22nd, or by signing up on the cleaning schedule to do a weekly cleaning of the school. The sign-up for the weekly cleaning is on the classroom wall. Please contact Amy Orm if you have any questions about Parent Education Credits.

Mid- year
Clean-up
Friday, February 5,
2010

It's your second chance to earn your "work party credit". Please come help clean, clean, clean those germs away!




4 s c l a s s

Here's what's happening in the 4's class this month.

- Monday, January 25– Pajama Day
- Thursday, January 28– NO SCHOOL

Happy Birthday Logan !!!!!!!




5 s c l a s s

Here are a few things happening in the month of January for the 5's class.

- Wednesday, January 20– Field trip to Ted Brown Music Center.
- Thursday, January 21– Pajama Day. If you're a working parent this day don't forget to wear yours too!
- Thursday, January 28– Mini-Olympics at school 10-1. Make note of the different class time.

Happy Birthday Benjamin!!!



H e a l t h & S a f e t y

With winter here, it's a good idea to be prepared for stormy weather or other natural disasters. Below you'll find a basic preparedness kit as taken from the FEMA website. At Mt. View, we have our own Earth-quake/Emergency kit stored in the closet, along with your child's own personalized card/baggie that was passed out at parent training. I hope this information is helpful. Finally, if you have any questions or are interested in any topics for future newsletters, please e-mail me at s.westlund@comcast.net and let me know.

Recommended Items to Include in a Basic Emergency Supply Kit:

- * [Water](#), one gallon of water per person per day for at least three days, for drinking and sanitation
- * [Food](#), at least a three-day supply of non-perishable food
- * Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- * Flashlight and extra batteries

- * [First aid kit](#)
- * Whistle to signal for help
- * [Dust mask](#), to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- * Moist towelettes, garbage bags and plastic ties for personal sanitation
- * Wrench or pliers to turn off utilities
- * Can opener for food (if kit contains canned food)
- * Local maps
- * Cell phone with chargers

Additional Items to Consider Adding to an Emergency Supply Kit:

- * Prescription medications and glasses
- * Infant formula and diapers
- * Pet food and extra water for your pet
- * Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- * Cash or traveler's checks and change

- * Emergency reference material such as a first aid book or information from www.ready.gov
- * Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- * Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- * Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- * Fire Extinguisher
- * Matches in a waterproof container
- * Feminine supplies and personal hygiene items
- * Mess kits, paper cups, plates and plastic utensils, paper towels

B a t e s C o o r d i n a t o r

Happy New Year!

Hope your winter break was enjoyable! I look forward to seeing you at parent shares this month. Sandy Manthou Preparing young children for school success: It's easier than you might think When they are newborns, we worry about where our children's height and weight fall on growth charts. As they become toddlers, we compare notes with parents at daycare or the play group about when their children took their first steps. We consult parenting books and magazines and check the checklists to ensure that our children are growing just as they should in relation to others their age. As children move into the pre-school years, parents' worries often shift to whether or not they are doing all they should to help their children be successful once they reach school age. A quick search on the Internet will produce a variety of lists with very specific school readiness skills for young children. These can run the gamut from the fairly simple skill of counting from one to 10 to the sometimes daunting ability to tie shoes unassisted or sit still for lengths of time. However, early childhood experts, such as those with the National Association for the Education of Young Children, as well as preschool and kindergarten teachers say the skills that help children do well in school are not necessarily the ones that make the lists. They aren't even ones that children achieve at the same rate or by the same age. Instead, early childhood teachers say the best skills are those that come naturally from children's daily activities, such as going to the grocery store with their own lists of items to shop for, mailing a drawing they have made to grandma and grandpa or going for a swim with a friend. These include:

Good health and physical development - achieved in large part through adequate rest, nutrition and lots of play.

Emotional development - which comes primarily from the positive encouragement they receive from parents and other important adults in their lives.

Strengthening of muscles in early childhood lead to other refined motor skills, such as grasping and pinching-skills

needed to hold a crayon or pencil or cut with scissors. They also allow children to hold themselves upright, make eye contact and sit for lengths of time when learning such skills as reading and writing once they reach school age.

Social development - from playing with children their own age.

Language development - which evolves when children use words to communicate, have their needs met and enjoy themselves, such as with reading.

An understanding of the world in which they live.

Below are some practical ways families can enhance their children's learning during the early childhood years that will lay the groundwork for doing well in school. Chances are many of these are the types of things you and your child are already doing:

Activities, such as preschool, daycare and trips taken in the care of other nurturing adults. These help provide children with the experience of being cared for by and learning from adults other than their parents.

Limiting the amount of time children spend watching television and videos or playing computer games, which are passive, isolating activities. Instead, families should emphasize such activities as formal and informal play groups, library story hours and other activities that involve active learning and put children in contact with their peers.

Reading to your children every day from the time they are babies from both fiction and age-appropriate, non-fiction picture books. Even though very young children may not understand the story or poem you are reading, they learn a lot about language just from hearing your voice.

Exposing your children to language. Share what you know, talk about what interests you, ask your children to talk with you about what they are interested in and why. Aside from helping form a close relationship with your children,

this type of ongoing dialogue pays off once children enter school. Children who have had a chance to develop a large vocabulary are often capable of handling more information than those with limited language skills.

Drawing. Children begin to draw and write very naturally. Simply provide them with a comfortable space, materials for writing (chunky pencils and markers are ideal tools for little fingers to grasp), paper and the freedom to experiment. A child's first writing will likely look like squiggles, loops and drawings. Over time (and with lots of encouragement for their first efforts), children will begin to incorporate some letter shapes. Though some children show signs of recognizable writing in the years before school, in others it is not until they are school age that their writing evolves.

Math. Children who are encouraged to learn the many uses for math in the "real world" are more likely to enjoy math once in school. Clocks, telephones, road signs, even price tags on canned goods at the supermarket all involve number recognition. Make a game out of counting all the dinosaurs in your children's collection. Count out the number of forks, spoons and napkins needed to set the table at dinner. Many children's songs, rhymes and finger plays include counting and other language associated with math (think Five Little Monkeys or This Old Man.) Each time you ask your children if they want their sandwich cut in half or you count out loud as you stack blocks on top of one another, you are teaching them the words they will use to understand math concepts. Expand your children's math vocabulary by making a game out of coming up with all the words that mean "big" (enormous, huge, gigantic) or "little" (small, tiny, miniscule).

Knowledge of the world. Trips to the bank, playground, restaurants and other parts of the neighborhood, town, state or country provide wonderful opportunities for expanding children's knowledge of the world beyond their homes. As you travel about, talk informally about what interests you

(Continued on page 7)

Schedule of Events
<ul style="list-style-type: none"> January 1, 2010– No School winter break January 4, 2010– Parent Share 3s & 4s classes January 5, 2010– Parent Share 5s class January 14, 2010– President & Treasurer Workshops January 15, 2010– Parent Share 2s class January 18, 2010– No School Martin Luther King Day January 20, 2010– Bates Parent Ed. Night at Bates January 26, 2010– Teacher In-service January 28, 2010– No school 4s class 5s class Mini-Olympics

January 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 No School	2
3	4 Parent Share 3's & 4's class	5 Parent Share 5's class	6	7	8	9
10	11	12	13	14 President & Treasurer Workshops 9:30-12:30	15 Parent Share 2's class	16
17	18 No School ML King Day	19	20 Bates Parent Ed. 6:00-8:30 PM at Bates	21	22	23
24	25	26 Teacher In-service 12:30-2:30	27	28 No School 4's class Mini-Olympics 5's class	29	30
31						

Bates Coordinator Cont.

(Continued from page 6)
and ask your children to do the same. You can encourage children to think creatively about what they are experiencing by asking open-ended questions such as "Why do you think there is a rainbow in the puddle?" or "Where do you think that ant is going with that piece of grain?" Let your children's curiosity fill in the blanks.

Getting plenty of physical activity. To learn to control and coordinate the muscles in their arms and legs, children need to throw and catch balls, run, jump, climb and dance to music. These types of activities give them the strength to hold their arms

steady and in a proper position for writing and their upper bodies upright in order to sit for lengths of time (an ability that becomes important once they reach school age.) To learn to control and coordinate the smaller muscles in hands and fingers, children need to color, put together objects like puzzles, use child-safe scissors, practice zipping their jackets and pick up small objects like cereal pieces, dried fruit or cotton balls.

Be realistic about your children's abilities and interests. So your child is set to enter kindergarten in the fall and hasn't yet begun to write her name? Relax, she will. Young children often learn

at dramatically different rates from the preschool years through age eight. While most children can learn to decode (figure out how letters sound when combined in words) at age six, it is also normal for children to learn to do this as early as age four or as old as seven. This age range is also true of drawing, writing letters and numbers, counting, speaking articulately and following multiple directions.



"Getting School Ready" seminar at Bates Wednesday, January 20, 2010 7:00-8:30 pm
What do you need to do to prepare your child for school? A panel of area kindergarten teachers will be answering your questions in a discussion format.